

ABSTRACT

A laminar mat comprises a rigid planar tile of moulded plastics material having on respective faces a planar layer integrated therewith during moulding of the tile, the planar
5 layers each being of similar material. Non-adhesive integration of the planar layers during moulding eliminates the need for adhesive. The mat may be moulded so as to include one or more projections, recesses and living hinges.